

PRL PREMIER PLANT PROTEIN



\$57.50 inc GST

PRODUCT SUMMARY

Premier Plant Protein is an excellent source of complete protein, providing 18 grams, plus it has all of the essential amino acids naturally present in plant-based sources.

MORE INFORMATION

Premier Plant Protein liberates the nutritive power of high quality, living seeds, grains and legumes (pea) as a high quality, vegan protein powder. This product features six premier types of plant-based protein, including premier quality pea protein, rice protein, pumpkin seed protein, hemp seed protein, quinoa seed protein and pomegranate seed protein.

In recent years, as the popularity of vegan diets (and food sensitivities) has increased, plant-based protein powders have been gaining the edge as an excellent, natural protein source over animal-based sources. Among protein sources, pea protein stands out for its excellent nutritional profile, as well as the versatility and protein attributes of the humble pea.

Plant-based protein, including pea protein, is a great option for individuals or families who have food sensitivities. Plantbased protein is naturally free of common allergens such as gluten, dairy, wheat and egg, so it may be one of the safer protein options available.

Pea protein is also ideal for weight maintenance support. Research has shown that pea protein

can subdue ghrelin, a substance produced in the stomach that sends hunger signals to the brain. So that scoop of pea protein that you add to your breakfast smoothie may help keep your hands away from those snack bars until lunchtime!

An extra bonus! Pea protein does not typically cause bloating the way that whey protein sometimes can, so it may help you look and feel your best.

SKU: 500-464 | **Categories:** [Brand](#), [PRL](#), [Practitioner Range](#) | **Tags:** [plant based](#), [protein](#), [vegan](#)

PRODUCT DESCRIPTION

Serving Size 1 Scoop (25 g)			
Calories		100	
Total Fat	3 g	4%	
Saturated Fat	0.5 g	3%	
Sodium	170 mg	7%	
Protein	18 g	25%	
Calcium	21 mg	2%	
Iron	5 mg	28%	
Complete-5 Plant Protein Blend		25 g	
Organic Pea Protein, Organic Rice Protein, Organic Pumpkin Seed Protein, Organic Quinoa Seed Protein, Organic Pomegranate Seed Protein			
Typical Amino Acid (Profile Per Serving)			
L-Alanine	763 mg	L-Lysine	1,136 mg
L-Arginine	1,433 mg	L-Methionine	211 mg
L-Aspartic Acid	1,928 mg	L-Phenylalanine	914 mg
L-Cysteine	186 mg	L-Proline	745 mg
L-Glutamic Acid	2,858 mg	L-Serine	855 mg
L-Glycine	682 mg	L-Threonine	612 mg
L-Histidine	396 mg	L-Tryptophan	160 mg
L-Isoleucine (BCAA)	819 mg	L-Tyrosine	668 mg
L-Leucine (BCAA)	1,427 mg	L-Valine	860 mg
Other Ingredients: None.			

Please note: Due to the natural components of Premier Research Lab's supplements, ingredient levels may change between product batches. Please refer to product label if uncertain.

ADDITIONAL INFORMATION

Weight	342 g
Dimensions	90 × 90 × 170 mm
Indications	Food
Size	260g

Mix 1 scoop daily in beverages or food or as directed by a health professional.

Nutritional supplements should be stored in a cool, dry place, with caps tightly closed, and out of reach from children. Take only as directed.

THERE ARE NO REVIEWS YET.

