

PRL GREEN TEA EXTRACT (VCAPS)



\$66.70 inc GST

PRODUCT SUMMARY

Premier Green Tea Extract from Premier Research Labs contains green tea standardized to 45% EGCG to provide premier antioxidant support.

MORE INFORMATION

In contrast to black tea, green tea (*Camellia sinensis*) is made from unfermented tea leaves and naturally contains a high concentration of polyphenols. Polyphenols are natural plant compounds that act as powerful antioxidants and help fight free radicals, which can stress DNA as well as other compounds in the body. Many scientists believe that free radicals contribute to the aging process. Thus, taking a high quality green tea supplement on a daily basis may supply impressive antioxidant support as well as promote maximal health and well being.

One abundant type of polyphenol in green tea is called catechins. Catechins are known to exhibit potent free radical neutralizing properties. The major catechin in green tea leaves is called EGCG (epigallocatechin gallate) and is considered to be green tea's key active component. It is also valued for its active antioxidant properties.

EGCG offers many benefits for overall health and well-being. It has been studied extensively for its benefits in weight maintenance through promotion of fat metabolism. Thus, it plays an

important role in supporting overall health and wellness. EGCG has also been scientifically shown to assist in maintaining healthy tissues during normal metabolic stress.

EGCG, supports weight management benefits when coupled with a healthy diet and regular exercise routine. It works to help optimize metabolic wellness and also promotes cardiovascular health due to its abundant supply of antioxidant activity. Overall, green tea with its superb EGCG content, supports foundational health and wellness.

One capsule of Premier Green Tea Extract (98% polyphenols) contains green tea standardized to 45% EGCG (epigallocatechin gallate). Taking four capsules daily supplies 320 mg of EGCG.

SKU: 500-480 | **Categories:** [Brand](#), [PRL](#), [Practitioner Range](#) | **Tags:** [antioxidant](#), [Cardiovascular](#), [green tea](#), [weight management](#)

PRODUCT DESCRIPTION

Serving Size 2 Capsules

Green SynerBlend **485 mg**

Organic Prickly Pear (leaf) (*Opuntia ficus-indica*), Organic Kale (leaf) (*Brassica oleracea acephala*), Organic Apple Cider Vinegar

Green Tea Extract (leaf) **355 mg**

(*Camellia sinensis*) (Standardised to contain a minimum of 150 mg of epigallocatechin gallate [EGCG])

Other Ingredients: Plant-Source Capsule (cellulose, water)

Please note: Due to the natural components of Premier Research Lab's supplements, ingredient levels may change between product batches. Please refer to product label if uncertain.

ADDITIONAL INFORMATION

Weight	112 g
Dimensions	70 × 70 × 120 mm
Indications	Antioxidants, Cardiovascular, Weight
Size	120 Caps

Take 2 capsules, 2 times daily with food or as directed by a health professional.

Nutritional supplements should be stored in a cool, dry place, with caps tightly closed, and out of reach from children. Take only as directed.

THERE ARE NO REVIEWS YET.

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