

PRL L-THEANINE



\$66.00 inc GST

PRODUCT SUMMARY

Premier L-Theanine provides high-potency support for calm, focus and balanced mental clarity.

L-theanine contains standardized and stabilized active constituent, carefully processed to ensure consistent efficacy. Promotes relaxation, mental clarity, and focus without drowsiness or overstimulation.

MORE INFORMATION

Clinically Relevant Dosing: Delivers 200 mg of L-theanine per capsule, the precise amount used in clinical studies for safe and effective support.

Clean Label Commitment: No non-nutritive ingredients, fillers, binders, or synthetic excipients—just targeted support.

3rd Party Tested: Ensuring purity, potency, and consistent efficacy.

Vegan-Friendly: Non-GMO, gluten-free, soy-free, and manufactured in a GMP-certified facility.

Caffeine Synergy: Smooths caffeine peaks for sustained, focused energy without jitters.

L-theanine supports alpha brain wave activity, promoting a calm yet attentive mental state. By

influencing neurotransmitters like glutamate, GABA, and serotonin, L-theanine helps maintain focus and clarity while managing stress. It also interacts with NMDA receptors to support calm focus without overstimulation

SKU: 500-492 | **Categories:** [Brand](#), [Practitioner Range](#), [PRL](#) | **Tags:** [Bladder & Kidneys](#)

PRODUCT DESCRIPTION

Serving Size 1 Capsule

L-Theanine

200 mg

Other Ingredients: Organic Rice Concentrate, Plant-Source Capsules (cellulose, water), Organic Rice Bran

***Please note:** Due to the natural components of Premier Research Lab's supplements, ingredient levels may change between product batches. Please refer to product label if uncertain.*

ADDITIONAL INFORMATION

Weight	60 g
Dimensions	60 × 60 × 100 mm
Size	60 Caps
Indications	Energy, Stress, Mood & Sleep

Adults take 1 capsule, 1-2 times daily with meals, or as directed by your healthcare professional.

Nutritional supplements should be stored in a cool, dry place, with caps tightly closed, and out of reach from children. Take only as directed.

THERE ARE NO REVIEWS YET.

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