

## BIOTRACE FISH OIL OMEGA-3 PLUS



**\$81.30 inc GST**

### PRODUCT SUMMARY

BioTrace Fish Oil Omega-3 Plus is a fresh, high-dose liquid fish oil in a light resistant bottle with a deliciously natural orange flavour. The zesty taste makes it suitable for the whole family.

### MORE INFORMATION

BioTrace Fish Oil provides a high dose of DHA and EPA in one teaspoon. DHA (docosahexaenoic acid) is most concentrated in the brain, retina and spermatozoa and in combination with EPA (eicosapentaenoic acid) may support healthy brain and eye function.

The DHA/EPA ratio found in BioTrace Fish Oil is ideal for supporting brain and cardiovascular function. It may also support dry skin in adults and children. The addition of the astaxanthin provides antioxidant action which may be beneficial in supporting heart and brain health.

Scientific research shows that a diet rich in Omega-3 fatty acids may support healthy bone mineral density in the elderly. Studies also support the use of fish oil for supporting joint stiffness and mobility.

BioTrace Fish Oil is sustainably sourced from Icelandic herring and is batch tested for purity. There are no artificial preservatives, colours or flavours.

TAPS PP7611

**SKU:** 800-185 | **Categories:** [Brand](#), [BioTrace](#), [Herbs, Minerals & Vitamins](#), [Retail Products](#) | **Tags:** [Brain & Cognition](#), [Cardiovascular](#), [Eye Health](#), [fish oil](#)

## PRODUCT DESCRIPTION

### Serving Size 5mL

<b>Calories</b>	<b>42</b>
<b>Total Fat (herring fish oil)</b>	<b>4.6 g</b>
Saturated Fat	1 g
Monosaturated Fat	2.5 g
Polyunsaturated Fat	1.1 g
<b>Omega-3 Fatty Acids</b>	<b>950 mg</b>
EPA (Eicosapentaenoic acid)	310 mg
DHA (Docosahexaenoic acid)	380 mg
Other Omega-3s	260 mg
Astaxanthin	1 mg

**Ingredients:** Herring fish oil, natural astaxanthin (*Haematococcus pluvialis*), natural orange flavouring, natural mixed tocopherols. **No artificial preservatives, colours or flavours!**

## **ADDITIONAL INFORMATION**

<b>Weight</b>	395 g
<b>Dimensions</b>	55 × 55 × 150 mm
<b>Size</b>	250 mL
<b>Product Features</b>	Artificial Colour Free, BPA Free, cGMP Manufactured, Child Friendly, Corn / Maize Free, Dairy Free, Egg Free, GMO Free, Heavy Metals Tested, Magnesium Stearate Free, Natural Flavour, No Added Gluten, No Added Nut, Pregnancy Breastfeeding Safe, Soy Free, Sugar Free, Synthetic Preservative Free, Toxic Excipient Free
<b>Indications</b>	Brain & Cognition, Cardiovascular, Eye Health

**Suggested Use:** Take 5 mL (one teaspoon) once per day or as directed by your healthcare practitioner. Shake well before use.

**Allergen Warning:** Contains fish.

Nutritional supplements should be stored in a cool, dry place, with caps tightly closed, and out of reach from children. Take only as directed.

## 1 REVIEW FOR BIOTRACE FISH OIL OMEGA-3 PLUS



**Positive Health** - 2025-02-20 18:53:37

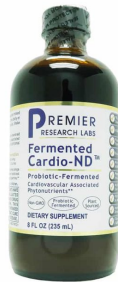
5 out of 5

Omega-3s are healthy fats that may help with a variety of conditions including heart health, brain function, and inflammation. For myself I add omega 3 as a supplement as I often don't eat enough fatty fish, Salmon, mackerel, herring, sardines, lake trout, and tuna are high in omega-3s This has also improved my eyes with inflammation of eye lids

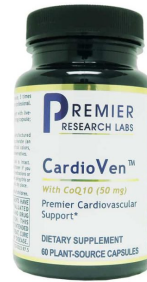
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