#### PRL PREMIER MARINE COLLAGEN



# \$86.10 inc GST PRODUCT SUMMARY

Premier marine collagen is sourced from wild-caught, deep-sea fish and supports healthy skin and connective tissues, including bones, tendons, and ligaments; it can also help reduce the appearance of wrinkles.

#### **MORE INFORMATION**

Premier Marine Collagen provides 19 out of 20 amino acids, which support lean muscle mass and workout recovery. It's a joint health supplement that aids healthy joint function, which may aid mobility and comfort aging joints; it also supports the integrity of the Intestinal Epithelial Barrier Function

Accounting for 30% of the body's total body protein, collagen is the most abundant and ubiquitous protein that works to maintain the structure and function of the skin and connective tissues throughout the body. Healthy skin is the body's primary barrier to prevent dehydration and potential infection while maintaining moisture and body temperature. Skin elasticity and firmness are dependent on collagen peptides. Visible signs of collagen loss are evident in early adulthood, with the appearance of fine lines, wrinkles, as well as slight joint discomfort.

Compared to commercial collagen peptide supplements made from bovine or porcine sources,

marine collagen has a low molecular weight and delivers the most predominant type of collagen in the body, type I collagen. Type I collagen provides rigidity, elasticity and strength to skin, tendons, ligaments, bones, teeth, and cartilage.

Premier Marine Collagen™ utilizes the glycoproteins necessary to help modulate collagen production, strengthen the skin barrier, reduce the appearance of wrinkles, and hydrate dry skin.\* Supplementing with hydrolyzed marine collagen, coupled with dietary sources of antioxidants (vitamin C) and micronutrients (zinc, copper) delivers bioactive, short-chain nutritional collagen peptides, which support collagen synthesis, in the tissues that need it the

Hydrolyzed with food grade enzymes, PRL's Premier Marine Collagen™ is versatile for everyday use. Tasteless, fully dissolvable, and bioavailable, PRL's Premier Marine Collagen is ready to be mixed into your favorite morning beverages, juice blends, miso soups, broths and more!

Aside from slowing the inevitable effects of skin ageing, hydrolyzed collagen supplementation is associated with additional beneficial effects.

SKU: 500-486 | Categories: Brand, PRL, Practitioner Range | Tags: plant based, protein, vegan

### **PRODUCT DESCRIPTION**

		Serving Size 1 Scoop (5 g) or 2 Scoops (10g)	
Amount Per Serving		1 Scoop	2 Scoops
Calories		20	40
Protein		4 g	8 g
Sodium		5 mg	10 mg
Marine Collagen		5 g	10 g
		(Wild Caught cod, haddock and pollock)	
		Typical Amino Acid (Profile Per 10g Serving)	
Alanine	936 mg	Lysine	398 mg
Arginine	869 mg	Methionine	206 mg
Aspartic Acid	653 mg	Phenylalanine	197 mg
Cysteine	4 mg	Proline	1100 mg
Glutamic Acid	1030 mg	Serine	637 mg
Glycine	2530 mg	Threonine	307 mg
Histidine	117 mg	Hydroxyproline	747 mg
Isoleucine	142 mg	Tyrosine	53 mg
Leucine	248 mg	Valine	219 mg
		Other Ingredients: None.	

Please note: Due to the natural components of Premier Research Lab's supplements, ingredient levels may change between product batches. Please refer to product label if uncertain.

## **ADDITIONAL INFORMATION**

Weight 260 g

**Dimensions**  $85 \times 85 \times 140 \text{ mm}$ 

**Indications** Food

**Size** 260g

Take 1 or 2 scoops daily or as directed by a health professional.

Nutritional supplements should be stored in a cool, dry place, with caps tightly closed, and out of reach from children. Take only as directed.

THERE ARE NO REVIEWS YET.