BIOTRACE BOTANIC SLEEP

$66.90 inc GST

PRODUCT SUMMARY

Botanic Sleep supports relaxation and deep sleep for a good night’s rest. This premium blend has been formulated by our practitioners with herbs known for their calming and relaxing effects.

MORE INFORMATION

Passion flower (*Passiflora incarnata*) and lemon balm (*Melissa officinalis*) are herbs that may be beneficial for supporting sleep. They aid falling asleep and overall sleep duration by supporting the nervous system.

Skullcap (*Scutellaria lateriflora*) is a herb that has a calming effect on the nervous system, helping reduce worry and irritability, and supporting a restful night's sleep.

Hops strobile (*Humulus lupulus*) is a herb which has been used for centuries to support sleep. It can help support sleep quality and duration.

Also contains magnesium which may help ease muscle and nervous tension, to support falling asleep and staying asleep. Magnesium bisglycinate is well absorbed and doesn’t cause stomach upsets like other forms of magnesium.

L-theanine has a calming effect on the brain. Research has shown that it can help reduce worry and stress.

- Natural sleep support
- Calming and relaxing herbs
- Great for travelling or regular use
- With Skullcap and Magnesium
- Supports deep sleep

TAPS PP1852

SKU: 800-385 | **Categories:** Brand, BioTrace, Herbs, Minerals & Vitamins, Retail Products | **Tags:** Mood & Sleep, Stress

PRODUCT DESCRIPTION

Serving Size 2 Capsules	
Passion Flower Extract 4:1 (*Passiflora incarnata*)	**200 mg**
Lemon Balm Extract 4:1 (*Melissa officinalis*)	**100 mg**
Magnesium (as magnesium bisglycinate)	**75 mg**
Organic Skullcap (*Scutellaria lateriflora*)	**75 mg**
Hops Strobile Extract 4:1 (*Humulus lupulus*)	**50 mg**
L-Theanine	**50 mg**

Other Ingredients: Vegetable capsule, rice concentrate, microcrystalline cellulose.

ADDITIONAL INFORMATION

Weight	100 g
Dimensions	50 × 50 × 95 mm
Indications	Stress, Mood & Sleep
Size	60 Caps
Product Features	Dairy Free, Egg Free, GMO Free, Heavy Metals Tested, Magnesium Stearate Free, Sugar Free, Toxic Excipient Free

Adults: Adults take 1-2 capsules 30 minutes before bed, or as directed by your healthcare practitioner.

- Always read the label. Use only as directed
- Keep all medications and supplements out of reach of children
- If symptoms persist see your health professional
- Do not use if seal under cap is damaged or missing

Nutritional supplements should be stored in a cool, dry place, with caps tightly closed, and out of reach from children. Take only as directed.

THERE ARE NO REVIEWS YET.

YOU MAY ALSO LIKE...

BioTrace Magnesium Bisglycinate

PRL TranQuinol

BioTrace Relax Complete